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**UNITED STATE PATENT AND TRADEMARK OFFICE**

Appl. No.: 10/726,715 )  
Applicant: David F. Chapman )  
Filed: December 3, 2003 )  
Examiner: Jerome W. Donnelly )  
Group Art Unit: 3764 )  
Docket No.: FIT EXPRESS.WSD )

Commissioner for Patents  
PO Box 1450  
Alexandria, VA 22313-1450

**AMENDMENT**

Sir:

In response to the Office Action of December 21, 2006, please amend the above-identified application as follows:

**Amendments to the Specification** begin on page 2 of this paper.

**Amendments to the Claims** are reflected in the listing of the claims which begin on page 3 of this paper.

**Remarks/Arguments** begin on page 4 of this paper.

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